

Sokol SF Newsletter - November 2020



President's Message

Dear Sokol SF Members & Friends,

Welcome to our fourth electronic newsletter!

Despite a variety of COVID-19 limitations, we continued to host activities while adhering to local and state wide health mandates. Thank you to those who provided positive feedback.

Our "Virtual Happy Hour", held online on October 8th, connected six participants who shared their stories and experiences. The "Octoberfest Happy Hour" at the Gourmet Haus Staudt & Beer Garden in Redwood City was enjoyed by 16 Sokols and friends and our October hike took place at Crystal Springs Reservoir on the Peninsula.

Due to the pandemic, the celebration of Czechoslovak Independence on October 28th took place online, reaching Czechs worldwide, thanks to Czech Centers Network. Included in the program was a recording of the 9th Symphony, known as a "New World Symphony" by Antonin Dvorak, under the baton of conductor Vaclav Neumann in 1993.

Our Speaker Series continues on Saturday morning November 14th via Zoom with a presentation and conversation with the Special Envoy for Expatriate Affairs of the Ministry of Foreign Affairs of the Czech Republic, Mgr. Jiri Kratky. Don't miss this opportunity to register and join in; so sign up today. To celebrate Christmas we are hosting a Czech Christmas Baking demonstration via Zoom on Sun Dec 6th. Plan on joining us and learn how to bake and decorate some traditional vánoční cukroví.

Wishing you and your family an enjoyable Thanksgiving.

Contact us with any questions, comments, or suggestions at sokolsf@gmail.com

Enjoy our latest newsletter and stay healthy!

Nazdar!

Jara Dusatko/President Sokol San Francisco

Would you like to commemorate a milestone, such as a birthday, graduation or other special event? Submit a short paragraph and picture to sokolsf@gmail.com by the 28th of the month and we will include in the next month's newsletter.



CALENDAR OF EVENTS

Sat Nov. 14th - 2nd Speaker Series Event - Jiří Krátký Special Envoy for Expatriate Affairs

Wed Nov. 18th - Virtuální Debatu Ministra Zahraničních Věcí ČR Tomáše Petříčka s krajany ve světě

Sun Dec. 6th - Czech Christmas Baking Demonstration via Zoom

Details about each event below

SPECIAL ANNOUNCEMENT

Gratias Agit Award Recipient Jara Dusatko, President Sokol SF



Since 1997, the Czech Minister of Foreign Affairs has awarded the prestigious Gratias Agit award to prominent personalities and non-government organizations for the promotion of the good name of the Czech Republic around the world.

For those who know Jara Dusatko, it should come as no surprise that she was one of 2020's recipients of the award. Since 2009, Jara has served as Sokol SF's president and has whole-heartedly dedicated herself to carrying out the mission of organization. She has spent tireless hours organizing cultural, social and physical fitness events and activities that foster the community and celebrate our heritage, and serves as a role-model to us all about the impact voluntary work can make on

other individuals. Richard Pivnicka, the Honorary Consul General of San Francisco/Silicon Valley, commented that he was pleased the Czech government had recognized a lifetime of work, which couldn't have gone to a more worthy recipient. And as if that weren't enough, since 1997 she has also been a lecturer of the Czech language at Stanford University and more recently taught Czech at the Czech School of California.

As a recipient of the award, Jara was in good company, as fellow recipients this year included singer Joan Baez of Woodside, CA, Polish publisher and the head of Czechoslovak-Polish Solidarity, Julian Kazimierz Golak of Poland and Margita Štěrbová, a mountaineer and humanitarian worker who resides in Pakistan. [View a brochure of all recipients.](#)

Unfortunately, due to the coronavirus, this year's official award ceremony planned at Czernin Palace did not take place in Prague and instead Jara will receive the award at the Czech Consulate in Los Angeles in the near future.

[Learn more about award here](#)

UPCOMING EVENTS

Saturday 11|14 @10am PST via Zoom
Speaker Series Event - Special Envoy for Expatriate Affairs of the
Ministry of Foreign Affairs of the
Czech Republic, Jiri Kratky

Please join us for an informative presentation via Zoom by Special Envoy for Expatriate Affairs of the Ministry of Foreign Affairs of the Czech Republic Jiri Kratky.

Last day to register is Friday Nov 13th.



[Register Here](#)

Wednesday 11|18 @7am PST

Pozvánka na Virtuální Debatu Ministra Zahraničních Věcí ČR Tomáše Petříčka s krajaný ve světě

Vážení a vzácní krajané, za iniciativu "[Chceme volit distančně](#)" si vás dovoluujeme pozvat na virtuální debatu ministra zahraničních věcí ČR Tomáše Petříčka s krajaný ve světě. Debaty se budou účastnit i zástupci MZV ČR Jiří Krátký, zvláštní zmocněnec pro krajaný v zahraničí a Martin Smolek, náměstek pro řízení sekce právní a konzulární.

Setkání se uskuteční **ve středu 18. listopadu 2020 v 16:00-17:00pm (CET) přes video-konferenční platformu Zoom**. K účasti na setkání je nutné vyplnit tento formulář. Odkaz na Zoom pošleme včas všem přihlášeným.

[Přihláška na virtuální debatu ministra zahraničních věcí ČR Tomáše Petříčka s krajaný ve světě](#)

Své dotazy pro pana ministra, prosím, vyplňte přímo ve formuláři a my je budeme panu ministrovi komunikovat několik dní před setkáním. Pokud Vás napadnou další otázky až po vyplnění tohoto formuláře, pošlete nám je emailem. Emailový kontakt prepošleme přihlášeným účastníkům.

Témata, nad kterými budeme diskutovat:

- Podpora českého
- kulturního dědictví (priority pro finanční dary krajaným spolkům).
- Sociálně-právní
- služby českým občanům v zahraničí (matrika a osobní doklady; sociální
- zabezpečení; sociálně-právní ochrana dětí; dědictví atd.).
- Vzdělání a věda
- (české školy v zahraničí; česká média a TV programy; uznávání zahraničního
- vzdělání a kvalifikace v ČR; studijní pobyty v ČR pro děti Čechů žijících
- v zahraničí; mezinárodní spolupráce ve vědě atd.).
- Práva českých občanů
- žijících v zahraničí (korespondenční volba; občanství).
- Podnikání a ekonomika
- (podpora českých podniků v zahraničí; spolupráce s podniky v ČR, ...).
- Komunikace a
- spolupráce mezi ČR a krajaný (dostupnost informací o krajaným spolkách;
- komunikace a spolupráce s MZV ČR, ambasádami a konzuláty...).
- Covid-19 (informace o
- možnosti cestování do/z ČR, jak bojovat s dezinformacemi o viru, ...).
- Brexit a čeští krajané
- v UK.

Prosíme o přeposlání informací Vaším kontaktům jak emailem, tak po sociálních sítích. Zde je odkaz na [FB event](#)

Děkujeme za Váš zájem a těšíme se na setkání 18. listopadu 2020.

Ing. Dagmar Straková

Zakladatelka iniciativy *Chceme volit distančně* a koordinátorka krajanů v Evropě
Zakladatelka a ředitelka školy ČSBH Brusel
a

Marta McCabe, PhD

Koordinátorka krajanů v USA pro iniciativu *Chceme volit distančně* a spoluautorka Petice krajanů v USA

Zakladatelka a ředitelka Czech and Slovak School of North Carolina, USA

Sun 12 | 6 @ 10:30am - 12:00pm via Zoom Czech Christmas Baking Demonstration



SOKOL SF PRESENTS:

*2020 Virtual
Czech Christmas
Baking
Demonstration*

DECEMBER 6
10:30AM - 12:00PM
FREE
REGISTRATION BY DEC. 2
REQUIRED TO RECEIVE RECIPE
INSTRUCTIONS AND
INGREDIENTS LIST

Join us for an interactive Czech baking demonstration hosted by three of our Sokol SF members. Our bakers will share their tips and techniques while demonstrating how to bake some traditional Czech holiday favorites.

A recipe guide with detailed instructions will be shared in advance to allow participants time to gather ingredients, prepare dough and frosting. Register by December 2nd to participate or just follow along and enjoy this baking experience.

[Register Here](#)

EVENT RECAP

Virtual 5K Award Winners

We'd like to thank and congratulate all of our Virtual 5K participants who walked, swam, biked and rode throughout the Bay Area, San Luis Obispo, Tahoe and Prague! Together we went far - the farthest, Roman W., who ran an impressive 25.24km in just 2 hours and 45 minutes!

As winter approaches and the days get shorter, we encourage you to keep moving utilizing whatever mode inspires you. And we'll be back with another virtual physical fitness challenge this winter!

Category: Super Veteran

Jara D. swimming and walking - participant who used the greatest number of modes to complete various 5Ks

Lenka B. walking - most interesting location of completed 5K - Lake Tahoe

Category: Veteran

Roman W. running - best finishing selfie; "life is good despite Covid"

Milena H. walking - for completing the 5K challenge furthest from her CA home

Linda J. Peloton biking - for completing the 5K in a stationary place (a garage)

Denisa F. swimming - for the most interesting location completing her 5K - in the water

Jana B. & Nicole B. walking - for best team effort

Category: Middle Class

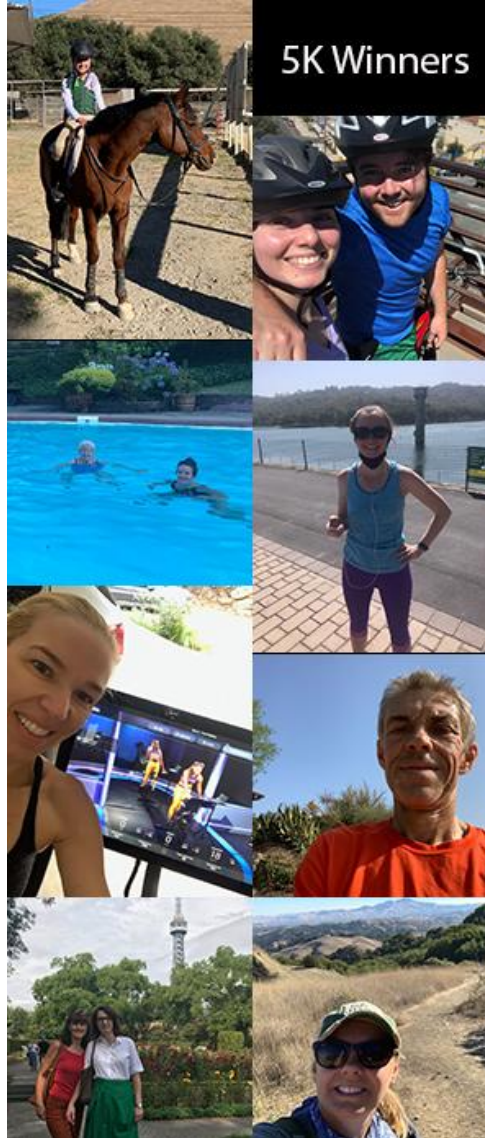
Martina H. walking - for being the first person to complete the 5K challenge & submit her proof of completion

Vitek H. & Emily D. tandem bicycle - for most interesting method employed to complete the 5K - tandem bicycle

Category: Sports Class

Daniela T. - on a horse - for the only child participant

All participants will receive a \$20 cash prize. We will contact you via email to request your mailing address. Congratulations to all participants!



Oktoberfest Happy Hour



Thank you to the 16 Sokols and friends who enjoyed our Oktoberfest Happy Hour at Gourmet Haus Staudt & Beer Garden in Redwood City. Our group was scattered across a number of different tables in order to adhere to local health orders but all enjoyed getting out of the house and talking with fellow members and friends.

Crystal Springs Reservoir / Sawyer Camp Trail Hike

Thank you to the 4 members who joined us for our Halloween hike at Crystal Springs Reservoir. We enjoyed a brisk morning and walked approx. 5 miles along the paved path. This is a popular walking, running, & bike riding trail with plenty of street parking, restrooms, and benches to enjoy the stunning views of the reservoir and adjacent hillsides.



[Learn more about the trail here](#)

MONTHLY NEWS

Listopad / November by Josef Lada



Listopad / November, Josef Lada 1940 / "Month of the Falling Leaves"

Some of the items included:

"Svatý Martin přijel na bílém koni" / St. Martin arrived on a white horse - St Martin often brings the first snow in Bohemia + "Sv. Martin" / St. Martin + St. Martin's goose dinner + All Soul's Day + Sagittarius

Hometown of Olympic Gold Medalist Emil Zátopek to immortalize him in bronze

The northern Moravian town of Kopřivnice this weekend officially launched a public

collection to fund a statue of favourite son Emil Zátopek – arguably the greatest distance runner in history – in time for the 100th anniversary of his birth next September. Emil Zátopek is the only runner in history to have won the 5,000 metre, 10,000 metre and Marathon races in the same Olympic Games. Remarkably, after winning gold in those first two events in Helsinki in 1952, Zátopek decided at the last minute to run the marathon – his first.

[Read Article Here](#)

Remembering Jiří Menzel

2.23.38 - 9.5.20



The Oscar-winning Czech film director Jiří Menzel has died at the age of 82 after a long illness. His wife Olga Menzelová posted the news on Facebook late on Sunday.

Menzel won an Academy Award for Best Foreign Language Film in 1967 for "Closely Watched Trains," a World War II drama based on a novel by the Czech writer Bohumil Hrabal.

Born on 23 February 1938, Menzel studied film direction at Prague's Film and TV School of Performing Arts FAMU. In the 1960s he became one of the leading figures of the Czech New Wave, alongside directors such as Miloš Forman or Věra Chytilová.

His collaboration with Hrabal, which included "Cutting It Short" and "Larks on a String" proved to be one of the major hallmarks of his career. The latter, considered by many his masterpiece, was banned by the Communists and only released after the fall of communism in 1989. Menzel, who continued to make films into the new millennium, won a number of awards, including a Czech Lion for lifetime artistic contribution and a Medal of Merit, the French Order of Arts and Literature.

Czech Tradition Svatý Mikuláš 12 | 6



With the holidays approaching, learn about the famous Czech Advent tradition, called **Svatý Mikuláš** which takes place on the eve of his name day (Czech: svátek) on December 6th. The pre-Christmas celebration is held in town and city squares throughout the Czech Republic.

[Read Article #1](#)

[Read Article #2](#)

Holidays at Filoli Historic Home & Garden

11|21 - 1|3



Consider a visit to Filoli to enjoy **Holidays at Filoli**. This is the perfect season to make special memories with loved ones and friends. Take a stroll and enjoy the beauty of the winter garden adorned with lights and colorful decor. Find tranquility among the redwoods on the Estate Trail and soak in the vast views of Filoli at sundown. Cozy up to a fire pit under twinkling lights and sip on hot cider or mulled wine. Filoli is open every day and every night of the week for you to enjoy the wonder of Holidays at Filoli to your heart's content! Tickets must be purchased on line in advance. Visit the website below for more information and plan your visit and enjoy this beloved event.

[Filoli Website](#)



Interested in purchasing some Czech delicacies, snacks, spices, teas or other favorites than visit the Czech Boxes website and place your order.

Zasíláme české potraviny z ČR až k Vám za oceán. Zboží vyberete, zprávou objednáte, zaplatíte a o zbytek se postaráme my.

[Czech Boxes Website](#)

NEWS FROM AROUND THE WORLD

Karel Gott recorded one final holiday song, which has just been released. Gott and the band Kryštof recorded the song two years ago and held it back as a surprise. Click on the article button and scroll down to see the video.

[Read Article](#)

Most of Europe to be high-risk red in new Czech COVID-19 travel map, valid from November 9. A negative COVID-19 test will be required for travelers from most European states entering the Czech Republic as of next Monday.

[Read Article](#)

Public collection launched to rebuild the burned wooden Church of St. Michael in Prague A fire on October 28 virtually destroyed the 17th century church that was moved to Prague from what is now Ukraine.

[Read Article](#)

Read about famous CZ painter Jan Zrzavý - 130 let od narození

[Read Article](#)

Work out regularly, work out correctly & work out with Sokol. Tired of your exercise routine? Try the instructional videos for all ages prepared by Sokol trainers in cooperation with well known sports YouTuber Tomas Touha. The best part, you get to practice your Czech too! #cvičímseSokolem



[Visit YouTube Channel](#)



Consulate General of the Czech Republic - Los Angeles



Consulate General of the Slovak Republic - New York



Stay up-to-date on ASO news & events. Sign up to receive their newsletters or visit their website for more information.

Visit ASO website

Gymnastic, Social, Educational, Cultural & Non Profit Organization for Czechs, Slovaks & their friends founded 1904

Sokol SF is a non-profit organization operating as an independent unit of the American Sokol Organization (ASO) and its Pacific District. Sokol SF provides physical, educational, and cultural programs for all those who are interested in Czech, Moravian and Slovak culture and their history, as well as those who are bonded by common heritage and ethnic identity.

Sokol credo is "A Sound Mind in a Sound Body"



// FOLLOW US ON SOKOL SF FACEBOOK //

